

Bike-Camping Trip

Pismo Beach – Morro Bay

March 30 – April 1, 2012



Explore the local beauty and natural wonder of the coastal towns of Pismo Beach and Morro Bay in San Luis Obispo County.

This is a perfect bicycle tour for beginner bike-campers. We will need to carry a moderate amount of gear on our bikes (including tent, sleeping bags, and clothing), but for food there will be plenty of options to dine out along the way.

Our tour will start on Friday, March 30th when we will meet at Pismo State Beach (Oceano Campground). For anyone interested, you can take the Amtrak train (Pacific Surfliner) to the Grover Beach stop, which is about one mile from the campground.

On Saturday morning we will pack up and begin our 28-mile ride to Morro Bay. We will be riding a scenic route that will take us through the quaint downtown of San Luis Obispo (just in time for lunch!). We will ride together at a very reasonable pace, and no one will be left behind. We'll arrive at the Morro Bay State Park campground later in the afternoon. For supper, there are several dining options available in town, which is only about a mile from where we will stay.



Sunday morning we will pack up and have breakfast before returning to San Luis Obispo. After a final lunch stop in SLO, there will be a few options to catch the Amtrak Pacific Surfliner in the afternoon to take us back home.

[For anyone *not* wishing to partake in the train experience, then I recommend parking in San Luis Obispo on Friday afternoon and then riding about 12 miles to Pismo Beach where the trip will officially begin.]

Facilities: Both campgrounds have water, flush toilets, and showers. Firewood is available from the campground hosts, and restaurants are nearby.

What to bring (or share with a friend):

- Bike helmet is required for your safety.
- Tent, sleeping bag, and sleeping pad
- Food (as much or little as you wish). As mentioned, there will be plenty of food options close to where we'll be riding and camping. However, you may wish to bring some for convenience and/or to save on expenses.
- Layered clothing (warm days, cold nights, possible rain showers)
- A sense of fun, adventure, and wonder!

Weather: Expect cool to warm days, and cold nights.

Average temps: 68°F high / 44°F low

Astronomy: Saturday, March 31st

Sunrise: 6:49 am

Sunset: 7:23 pm

1st Quarter Moon, rises at 1:10 pm and sets at 2:36 am

Price: \$25 for [Great Outdoors](#) members, or \$45 for non-members. This will include the camping fees for both nights, as well as some “incidentals” that will be thrown in for fun.

RAIN CANCELS EVENT. I will monitor the weather report and make a determination by Thursday, March 29.

For more information, contact:

Kyle Richards

richards.kyle@gmail.com

(805) 451-8219



Great Outdoors Trip Registration Form

Pismo Beach – Morro Bay

Bike-Camping

March 30 – April 1, 2012

Send completed registration form and trip fee
(check payable to "Great Outdoors") to:

Great Outdoors, PO Box 21051, Santa Barbara, CA 93121

and please call Kyle at (805) 451-8219 or e-mail
richards.kyle@gmail.com after you send in your check.

Member \$25; Non-Member \$45



Name (please print) _____

Street Address _____

City/State/Zip _____

G.O. Member # _____ Chapter _____

Phone _____ E-mail (kept confidential) _____

Emergency Contact _____

Relationship _____ Phone _____

Medical Insurance Carrier _____

Group/Policy _____ Physician Phone _____

Transportation: Train Driving Carpooling with? _____

Health problems/allergies: It is the responsibility of participants to carry on their person a record of significant allergies, medications, and medical history in the event of a medical emergency. Are there any allergies or medications that you want us to be aware of? _____

Waiver of Liability, Medical Release and Assignment

I am aware that my participation in Great Outdoors may include potentially hazardous activities and I am voluntarily participating in these activities with that knowledge and the understanding that I will use my own best judgment to avoid injury to myself and others. I agree to follow the directions of the trip leader and abide by the rules of the facility I am using. I hereby release Great Outdoors, including its officers, trail or trip leaders, agents or other persons working with said organization from any liability for injuries, physical or mental, which I may suffer by reason of any participation in these activities. I recognize in waiving this liability that I am assuming sole responsibility for my actions and cannot blame any other person connected with Great Outdoors Inc. I hereby agree to assume full financial responsibility for any and all bills incurred by me for medical treatment as the result of my participation in the Great Outdoors activity. In the event that I am unable to consent to medical care, I hereby authorize the trip leader to consent surgery, as may be best determined under the circumstances.

Signature _____ Date _____