

Great Outdoors chapter presents
Second Recess
Intermediate Backpack
July 10-15, 2017



Contact: Frederick Brown: E-Mail : fredincal346@gmail.com. Phone: 562-754-1838

From Mosquito Flats, we begin our trip at 10,000 feet, traveling 6 ½ miles, with about 2000 feet gain/loss. As we climb out of the valley, we will have nice views of Heart, Box and some of the Hidden Lakes. Above Ruby Lake, we will see the notch of Mono Pass ahead. Climbing up switchbacks, we reach the pass at 12,000 feet. Descending from the pass, we will pass Summit Lake, ford Golden Creek, and then turn south on the trail to Fourth Recess Lake. Here we will camp at just over 10,000 feet, with a view across the lake of a 1,000 foot waterfall. The rest of the itinerary will be somewhat flexible.

The second day, we will return to the Mono Pass trail, heading down the valley along Mono Creek, until we come to the junction to the Second Recess. When we arrive at Fish Camp at 8,550 feet, and about 5 miles distant, we can camp there, or proceed on to Lower Mills Creek Lake, another 4 ½ miles up to 10,840 feet. If we arrive at Lower Mills Creek Lake on the second day, we will have a rest day.



Leaving Lower Mills Creek Lake on the fourth day, we will retrace our steps, returning to Mono Creek and either staying at the junction with the Third Recess, or returning to the Fourth Recess.

The fifth day, we will go over Mono Pass and camp at Ruby Lake, so that on our last day, we will have a short trip down to the trail head.

To participate in this trip you will need to have been on a previous backpack with one of Great Outdoors trip leaders.. Contact the trip leader for more information and the registration form. **Total distance is about 41 miles, total gain/loss is about 8,260 feet. Bring your ten essentials (listed on GO website at: www.greatoutdoorsla.org/essen.html). Carpooling is recommended to help reduce gas cost and parking.**

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Registration Form

I am carpooling with:

Applicant	Fee
Member	\$40
Non-Member	\$45

Paying by: Check PayPal
 No Refunds after June 1, 2017

Do you need a ride? Y N
 Can you offer a ride? Y N

Trip leader's use:

Date: _____
 Check #: _____
 Amt: _____

Name (please print)

G.O Member # Chapter:

Phone:

Email (will be kept confidential):

Emergency contact:

Relationship: Phone:

Registration and Payment options:

1. Pay online at <https://www.paypal.com> Email address: treasurer.gooclb@gmail.com

Please include a note to the treasurer with your name, and as to which trip you are registering.
 Email completed registration form to Trip Leader below.

2. Pay by check, make payable to Great Outdoors OC/LB and mail all checks and registration forms to:
Frederick Brown, 346 Gladys Avenue, Long Beach, CA 90814

Health Problems/allergies: It is the responsibility of participants to carry on their person a record of significant allergies, medications and medical history in the event of a medical emergency.

WAIVER OF LIABILITY, MEDICAL RELEASE AND ASSIGNMENT

I understand that the activities engaged in by Great Outdoors, and specifically this activity, may involve dangers inherent in all outdoor activities, and by signing below, I, except as expressly prohibited by California statutory and case law, do expressly assume all risks and dangers of such activities and specifically this activity, and do hereby expressly release and hold harmless Great Outdoors Inc., including its event leaders, officers, agents, employees, administrators and assigns, from any and all liability for injury or death arising from said activities and specifically this activity, and agree to defend any lawsuits against any of them arising from those activities and specifically this activity.

Sign by the X

Date:

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